

MIDWEST EXTREME WRESTLING

November 14th and 15th, 2013

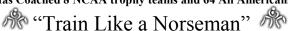
PINE ISLAND LAST CHANGE CAMP





Coach Billy Huebner - Luther College Assistant Coach/ Decorah Iowa

Has ran over 300 clinics all over the Midwest and country. Has Coached 8 NCAA trophy teams and 64 All Americans.





Place: Location: Pine Island HS Location: 223 1st Ave SE Pine Island MN 55963

Cost and Grades: \$45 (Includes:workout T-Shirts) 3rd-12th

Dates: Nov 14th 6:00 P.M. to 8:15 P.M Nov 15th 5:00 P.M. to 7:15PM

Contact: Greg Haman at Cell <u>952 240-2875</u> Home <u>507 356-2084</u> or Email at <u>glhaman@pitel.net</u>

Contact: Billy Huebner at 608-790-2468 or Email at Coachbilly@luther.edu

Completed Registration forms should be sent to: Greg Haman 32 Kimberly Ct. Sw Pine Island MN 55963 Checks should be enclosed with registration and Checks made payable to: Coach Billy Huebner.

REGISTRATION FORMS ARE PREFERRED BY November 13th, 2013. (MAY REGISTER at the day of the clinic)

CAMP PHILOSOPHY & GOALS: This camp implements the Midwest style of wrestling. We teach the campers how to break down opponents, both physically and mentally. This camp has helped wrestlers improve their technique by providing exposure to a variety of wrestling moves and attitudes. We are seeking out the wrestlers that want to strive to become better and be the elite wrestler. Our goal is to take wrestlers to the next level and to expand their knowledge in the sport. We want our campers to better their skills and training habits. These clinics are to help you learn technique and strategies so when you step on that mat during season, you will have the confidence you need to out smart your opponent.

These clinics have something very special happening. We have developed a unique style of wrestling into our teachings. We are known throughout the country for our prowess on our feet, and we will model many of the techniques that help define our style of wrestling. Our philosophy of dominating opponents on top, non-stop movement on bottom, combined with the attitudes of grinding out victories provides a winning way for athletes. These clinics are serious, but we will have fun. By going through these clinics we will both be part of something special. Take advantage of this opportunity!

Name:	Wrestler's Cell:			
Address:				
City/State/Zip:				
Email:	Н	Home Telephone:		
2013 Weight Class:	Grade In Fall of 2013:			
1 0 0	above named athlete, I understand and agree	ee that the City of Pine Island,	Pine Island Public Schools, Norse Extreme	
	and anyone else connected with the facilities ther while participating in this program.	s used assume no responsibility	for accidents, injuries, medical, or dental	
Signed (parent or legal guardian):		Date:		
Print Parent's Name	es			
Parent's Fmail		Parent's Cell		